

New Life Christian Fellowship

1. Is life a battle? Have fear, depression or stress taken control of you? God gives us the armour to face the fight (read Ephesians 6:10-18). Our fight is against God's enemy, the devil, who wants you to live in fear, doubt and misery.

You can stand firm if you believe in the truth. The truth is: God loves you. He has a plan and a purpose for your life. Tie the truth around your waist like a belt.

Where our hearts are polluted with wrongs or broken by hurts, we can be made strong. God accepts us if we believe in his son, who died for us. God's righteousness becomes a breastplate protecting our hearts.

If we know the good news about Jesus then we should have our good news shoes on, ready to walk out and share it.

Once we have faith in God, knowing we are forgiven, saved and blessed by him, this is like a shield. With God's perspective we see beyond our circumstances, knowing the victory is ours.

It is easy to doubt God's goodness. If we have the security that we are saved by God's grace, this is like a helmet, protecting our minds from negative thoughts and lies.

Finally, God gives us an amazing gift: his word – The Bible. If you read it, it puts truth into your minds. God's word is like a sword cutting through any opposition that faces us with its reliable, unshakable, life changing TRUTH.

If you want someone to talk to or would like us to pray for you call: 01834 812839 / 01834 831533. New Life Christian Fellowship meet at Kilgetty Community Centre, 10.45am on Sundays, all are welcome.